

All Access Bar & Grill

First Period

Classic Chicken Wings – (6)1,020 cal (10)1,500 cal

Perfectly fried bone-in chicken wings tossed with buffalo wing sauce and served with crisp celery sticks and bleu cheese dressing....6 wings \$12.00, 10 wings \$16.75

Cyclone Sampler – 1,280 cal

A combination of chicken tenders, loaded tater tots, and fried mushroom & cheese ravioli, served with bbq sauce, sour cream, jalapeno fondue and marinara.....\$14.00

Loaded Tater Tot Fondue – 930 cal

Deep fried tater tots topped with bacon and scallions. Accompanied by jalapeno fondue and sour cream.....\$8.00

Fried Portobello and Cheese Ravioli – 770 cal

Hand breaded and fried Ravioli served with a marinara sauce..... \$9.50

Chicken Quesadilla – 790 cal

A toasted flour tortilla filled with grilled chicken and shredded cheddar, with sour cream and salsa on the side..... \$9.50

Loaded Potato Skins – 1,350 cal

5 perfectly fried potato skins loaded with shredded cheddar cheese, bacon bits, green onion and served with a side of sour cream..... \$9.00

Second Period

Ask your server about the soup of the day

The Barn Salad – 570 cal

Our fabulous arena salad of fresh mixed greens, with shredded carrot, sliced radish, purple cabbage, cherry tomato, bacon, shredded cheddar, dried cranberries and croutons.....\$8.75

Classic Caesar Salad – 290 cal

Chopped Romaine lettuce topped with parmesan cheese, red onion, cherry tomato, and croutons..... \$9.00

Hummus Plate – 490 cal

Zesty blend of garbanzo beans, tahini, garlic, lemon juices and spices. Served with baby carrots, celery and pita chips.....\$8.75

Dressings: (4oz) Ranch (400 cal), Bleu Cheese (600 cal), Caesar (680 cal), Add Grilled Chicken (360 cal) or Fried Chicken (560 cal) to any salad.....\$2.50

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Third Period

All entrees are served with French fries (530 Cals)

Substitute onion rings (290 Cals).....\$2.00

All burgers are 8oz (precooked weight)

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

The Cyclones Burger – 910 Cals

Served with lettuce, tomato, onion, and pickle \$ 10.25

Add cheese \$1.00 American(80 cals), Cheddar(80cals), Swiss(120cals), Provolone(80cals), Pepper jack(80cals)

The “NEW” Hat Trick Burger – 1,210 Cals

Perfectly paired with Glier’s bacon goetta, homemade bourbon bbq sauce, cheddar cheese and garnished with beer battered onion ring.....\$13.00

Buffalo Chicken Winger – 940 Cals

Juicy grilled or fried chicken breast dipped in hot sauce and served on a potato bun with a side of bleu cheese dressing(300 Cals).... \$11.50

French dip – 1280 Cals

Slow roasted beef with provolone cheese on French bread accompanied by au jus and horseradish sauce\$11.50

Classic Turkey Club – 860 Cals – 1450 Cals

Three slices of toasted bread filled with layers of thinly sliced turkey, bacon, American cheese, lettuce, tomato and a house made citrus pepper aioli..... \$9.75

Chicken Tenders – 1230 Cals

Crispy fried chicken tenders served with your choice of dipping sauce..... \$9.50

The Empty Netter – 550 Cals – 1080 Cals

Our black bean chipotle veggie burger served on a whole wheat bun and topped with a grilled marinated Portobello mushroom and a side of salsa..... \$11.00

Taco Bowl – 860 Cals – 990 Cals

Deep fried sundried tomato shell filled with lettuce, pico de gallo, shredded cheddar cheese, sour cream, salsa and your choice of grilled chicken or taco meat.....\$10.50

Kid’s Entrees

12 yrs and under

All kid’s entrees served with French fries

Chicken Tenders....\$5.25

250 Cals – 740 Cals

Grilled Cheese....\$5.25

710 Cals

Hot dog... \$5.00

320 Cals – 680 Cals

Overtime

Ask your server about the dessert of the day

2,000 calories a day is used as general nutrition advice but calorie needs vary. Additional nutrition information available upon request